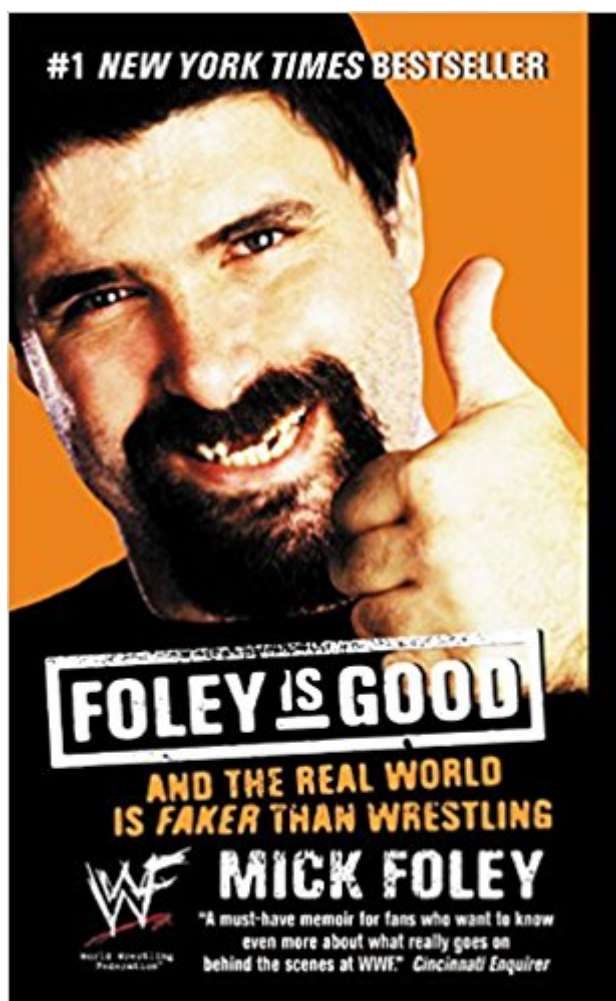


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# Foley Is Good: And The Real World Is Faker Than Wrestling



## Synopsis

In *Foley Is Good*, Mick Foley -- former Commissioner of the World Wrestling Federation, aka Cactus Jack, Dude Love, and Mankind -- picks up right where his smash #1 New York Times bestseller *Have a Nice Day!* left off, giving readers an inside look at the behind-the-scenes action in the Federation. With total honesty and riotous humor, Mick Foley shines a spotlight into some of the hidden corners of the World Wrestling Federation. From the ongoing controversy surrounding "backyard wrestling" to the real story behind his now-infamous "I Quit" match with The Rock, Foley covers all the bases in this hysterically funny roller-coaster ride of a memoir.

## Book Information

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## Customer Reviews

Not only is gap-toothed Mick Foley a heavy character in the World Wrestling Federation, he is the undisputed literary champion of the wrestling bestseller. It's amazing that there is such a thing as a "wrestling bestseller," and that fact owes largely to the No. 1 bestselling success of Foley's first book, *Have a Nice Day!* Now he's back with another memoir, *Foley Is Good: And the Real World Is Faker Than Wrestling*, and fans will not be disappointed by the jokes, the jibes at fellow WWF arm-twisters, and the genial charm of the literary behemoth of our time. --This text refers to an out of print or unavailable edition of this title.

Mick Foley is the former Commissioner of the World Wrestling Federation and one of its biggest Superstars. He loves amusement parks, is an American history buff, and can withstand more pain in one hour than most of us could in a lifetime. He is the author of two New York Times bestsellers:

Have a Nice Day! and Mick Foley's Christmas Chaos. He currently lives in New York State with his wife and three children.

I picked this book up after reading Foley's first book "Have a Nice Day" for a second time. I absolutely love that book and recommend anyone reading this book pick that one up first as he refers it a lot in this book. While I feel that this book is great in its own right. In particular Foley's chapter on Brian is one of the most touching things I have read in a long time. There is less of an emphasis on wrestling in this book, but this book is great with the PTC chapter at the end of the book being really compelling. I do recommend people read his first book first for better context to some stories in this book.

Mick Foley has done it again. Not only did he keep all the things I liked about "Have a Nice Day!" -- especially the lovely flow of his jokes -- but he has produced with "Foley is Good" a better-structured piece that also showcases his interest in things other than wrestling. (But don't worry, there's plenty of wrestling stuff for the fans.) It's a great book to read aloud because of Mick's timing. You'll laugh through most of it, guaranteed. Mick has a brand-new whipping boy -- Test. But don't worry, poor Al Snow gets his share of ribbing, including a photo of him in drag! The Mean Street Posse are once again the mid-card whipees. Be prepared to get out your Kleenex, because you'll surely cry through the chapter on Owen Hart and another friend of Mick's who died of cancer, Brian Hildebrand. He was a referee that never worked for the WWF, but who was beloved by many. Mick really shows just how intelligent he is at the end of the book. Within those chapters are his own study of sex and violence in wrestling, then his discussion on the similarities between the McCarthyism era and the PTC's tactics. He conducted interviews with a researcher, probably watched over 30 hours of video tape, attempted to contact the PTC itself, and ended up with a very convincing argument that wrestling is no worse than soap operas, "Cheers" and Monday Night football. The recently born Mick Foley Jr. (Mickey) also makes an appearance, and if you're a fan of the rest of the Foley family, the ultra-cute Dewey and Noelle and of course the "hot" Colette are right in there. Mick also provides several top ten lists, including his favorite theme parks, rides and of course, wrestling matches. I won't say which one is his favorite, but if you are any kind of a Foley fan you know it's \*not\* the Hell in the Cell from '98 with the Undertaker. In short...just read it! You'll never regret picking it up. Now all we have to do is convince Mick to start writing history books. He would be brilliant at it, and seems to have the interest.

I read Mick's original book 'Have a Nice Day' over a dozen years ago when it was first released and it took me awhile to finally getting around to reading his follow-up book 'Foley is Good'. I originally really enjoyed reading Foley's first book as it was insightful and a one of a kind back then. This second book was also pretty enjoyable, a good follow-up to his best-seller. The only thing for me is that the book felt a bit dated reading it today with references to such things as 'backyard wrestling' and VCR tape machines. And also having read quite a few wrestling books over the years(a few of which were very good), I didn't quite get the same thrill as when I first read 'Have a Nice Day'. But having said that, this is still a very good and insightful read from Foley and a good snapshot of the wrestling biz circa 2001.

Foley is a superb writer. This and "Have a Nice Day" are fantastic autobiographies. If you like his previous book you'll love this one. Only issue is that this book covers such a short span of his life (from 1999 to 2000/01) that between the chronological chapters, he writes full chapters of things on his mind and various stories and issues at the time of his writing (backyard wrestling craze, likes/dislikes). While I enjoy his incite on these things, I felt it put the brakes on the flow of the book. Not to say its "bad", its all good! I just wish he waited a few more years to add to the short time this book is dedicated to.

I read Mick's first book when it first came out and enjoyed it immensely. His writing style is so personal, it's almost like we became friends. I've been to Santa's Village with my kids many times, and Mick seems to be the type of guy that wouldn't mind having a quick picture taken with him. He's just a regular down-to-earth guy, and I admire his ability to write his own material without the use of a ghostwriter. Over the years, and as I age (I'm now 36), I admit I've lost touch with most of the wrestling world. I was a HUGE fan in the 80's and 90's. Mick's first book brought back memories. This book was very informative as well, particularly the epilogue. It's loaded with Al Snow and Test jokes, as well as going behind-the-scenes with great information about certain matches over the years. I read this book (about 475 pages) in a few days, and had trouble putting it down. His writing style and approach just clicks with me. Why then, only four stars? Simple. It's nearly impossible to follow up a classic with a classic. It's like when AC/DC's "For Those About to Rock" album was released in 1981. Did it go to number one on the charts? Sure it did. Did it sell over four million copies? Sure it did. Did it measure up to its 1980 predecessor "Back in Black" (Twenty-two million copies sold)...no way. Unfortunately for Mick, his first book was so good, one could say he peaked too early. Once you hit the peak of the mountain, it's impossible to go any higher, and there's only

one way left to go...down. Still a great read. If this were his first book, I'd give it five, but when compared to Have a Nice Day, just comes up a bit short...(but still great...do you know what I mean?)

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